

Leadership Skills

Introduction

- * Are you in control of your life ?
- * Are you living in an authentic manner ?
- * Are you passionate about what you do for a living ?
- * Do you feel constantly inspired and motivated ?

If the answer to any of the above questions is “ No”, then please read on. Leadership has been defined by different people in different ways but one thing that remains common is the sense of control that you have when you become a leader. This sense of control applies equally to self and your own feelings, emotions and behaviour as much as to external events that happen in your life. Leadership starts with self leadership. Most people believe that leaders are born but this has been proven to be not true and you can become a leader in your life no matter what your past or your background or your education.

What is the workshop about ?

The “Leadership Skills” workshop is a full one day workshop that will help you understand the essence of leadership. We will show you the ingredients of leadership and how you can start inculcating all the different ingredients of leadership into your life one by one thus becoming a leader in your own life, in the life of others and in your community and place of work.

What will you learn at the workshop

- * What are the ingredients of leadership ?
- * How you can become a leader starting now.
- * How you can help other people become leaders.
- * How to be true to yourself and lead an authentic life
- * Find out your core values and discover your passions.
- * Learn different leadership styles.
- * Discover true freedom in your life.
- * Become the master of your destiny

Content

- * Trust - How to gain and retain it
- * Goal Setting
- * Decision Making
- * Leadership Styles
- * Team Dynamics
- * Motivation and Inspiration
- * Ethical Leadership
- * Personal and Organisational Values
- * Understanding power
- * Emotional Intelligence
- * Planning

Outcomes

- * Become a leader in your life and help other people to become leaders
- * Lead by example in every aspect of your life
- * Inspire and Motivate others to become the best that they can be
- * Become a person who is trusted by other people
- * Be able to set and achieve inspired goals
- * Be able to take good decisions
- * Be able to delegate and empower other people
- * Be able to lead a team effectively
- * Be able to plan your life and all aspects of your life
- * Live your life according to your values

Who should attend this workshop ?

- * Anyone wanting to create something of meaning out of their life
- * Anyone wanting to know how to overcome challenges and adversity
- * Anyone seeking to overcome stress, fear or anxiety
- * Anyone wanting to dissolve rage, anger and resentment
- * Anyone seeking to build self-worth and dissolve feelings of shame and guilt
- * Anyone with health challenges
- * Anyone wanting to have healthy relationships